

# De Buren | Allergenenkaart

Tabblad: Allergenenkaart | Oktober

| Gerecht                                                                                                         | Glu | Ei  | Vis | Pin | Soj | Zui | Not | Sel | Mos | Ses | Sul | Lup | Wee | Sch | Opmerkingen                                                                   |
|-----------------------------------------------------------------------------------------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-------------------------------------------------------------------------------|
| KOUDE TAPAS                                                                                                     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |                                                                               |
| 1 Breekbrood met aioli en dip  | X   | X   |     |     |     |     |     |     | X   |     |     |     |     |     | Gluten in brood; Ei/Mosterd in aioli                                          |
| 2 Rundercarpaccio                                                                                               |     | X   |     |     |     | X   |     |     | X   |     |     |     |     |     | Zuivel (Parmezaan); Ei/Mosterd (truffelmayo)                                  |
| 3 Beef tataki                                                                                                   | X   |     |     |     | X   |     |     |     |     | X   |     |     |     |     | Soja/Gluten in saus; Sesam in crunch                                          |
| 4 Serranoham met meloen                                                                                         |     |     |     |     |     |     |     |     |     |     | (X) |     |     |     | Balsamico kan sporen van sulfiet bevatten                                     |
| 5 Oosterse zalmtartaar                                                                                          |     | X   | X   |     | X   |     |     |     | X   | X   |     |     |     |     | Vis; Sesam (furikake); Ei/Mosterd (wasabimayo); Soja                          |
| 6 Crispy chicken roll                                                                                           | X   | (X) |     | (X) | X   |     |     |     | (X) | X   |     |     |     |     | Krokante laag (gluten); Unagisaus (soja/gluten); Sesam                        |
| 7 Rode biet carpaccio          |     |     |     |     |     | X   | X   |     |     |     |     |     |     |     | Zuivel (geitenkaas); Noten (walnoot)                                          |
| 8 Tortillawraps Parmaham                                                                                        | X   |     |     |     |     | X   |     |     |     |     |     |     |     |     | Gluten in wrap; Zuivel in roomkaas en pesto                                   |
| 9 Manchegokaas crostini        | X   |     |     |     |     | X   |     |     |     |     |     |     |     |     | Zuivel (kaas); Gluten (crostini)                                              |
| 10 Crispy sushi oesterzwam     | X   |     |     |     | X   |     |     |     |     |     |     |     |     |     | Gluten/Soja door bereiding en dipsaus                                         |
| 11 Zalm sashimi                                                                                                 | X   |     | X   |     | X   |     |     |     |     |     |     |     |     |     | Vis; Soja en Gluten (ponzudressing)                                           |
| WARME TAPAS VIS                                                                                                 |     |     |     |     |     |     |     |     |     |     |     |     |     |     |                                                                               |
| 13 Gamba's in knoflookolie                                                                                      |     |     |     |     |     |     |     |     |     |     |     |     |     | X   | Schaaldieren. Marinade is olijfolie en knoflook.                              |
| 14 Calamaris                                                                                                    | X   | X   |     |     |     |     |     |     | X   |     |     |     | X   |     | Weekdieren (inktvis); Gluten (bloem); Ei/Mosterd (saus)                       |
| 15 Zalmfilet van de plaat                                                                                       | X   |     | X   |     | X   |     |     |     |     | X   |     |     |     |     | Vis; Soja/Gluten (teriyaki); Sesam                                            |
| 16 Garnalenspiesje                                                                                              |     | X   |     |     |     |     |     |     | X   |     |     |     |     | X   | Schaaldieren; Ei/Mosterd (wasabimayo). Garnaal zelf in olijfolie en knoflook. |
| 17 Zeebaars                                                                                                     | X   |     | X   |     |     | X   |     |     |     |     |     |     |     | X   | Vis; Schaaldier (langoustine); Zuivel (beurre blanc); Gluten (bulgur)         |

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| WARME TAPAS VLEES               |     |    |     |     |     |     |     |     |     |     |     |     |     |     |                                                                   |
| 18 Aziatische gehaktballetjes   | X   |    |     | X   | X   |     |     |     |     |     |     |     |     |     | Pinda (saus); Soja en Gluten (ketjap/binding)                     |
| 19 Eend dumplings               | X   |    | (X) | (X) | X   |     |     | (X) |     | X   |     |     |     |     | Gluten, Soja en Sesam. Mogelijke sporen van vis, pinda, selderij. |
| 20 Kipspiesjes teriyaki         | X   |    |     |     | X   |     |     |     |     | X   |     |     |     |     | Soja/Gluten (teriyaki); Sesam                                     |
| 21 Bao Surinaamse kip           | X   | X  |     |     |     |     |     |     | X   |     |     |     |     |     | Gluten (bao); Ei/Mosterd (srirachamayo)                           |
| 22 Kipsaté                      | X   |    |     | X   | X   |     |     |     |     |     |     |     |     |     | Pinda (satésaus); Soja en Gluten                                  |
| 23 Spicy ketjap spareribs       | X   |    |     |     | X   |     |     |     |     |     |     |     |     |     | Soja en Gluten (ketjap)                                           |
| 24 Pulled chicken wraps         | X   |    |     |     |     |     |     |     |     |     |     |     |     |     | Gluten in de wrap                                                 |
| 25 De Buren burgertje           | X   | X  |     |     |     | (X) |     |     | X   |     |     |     |     |     | Gluten (broodje); Ei/Mosterd (saus); eventueel Zuivel             |
| 26 Ossenhaaspuntjes             |     |    |     |     |     | X   |     |     |     |     |     |     |     |     | Zuivel (gorgonzolasaus)                                           |
| 27 Ibericokroketjes             | X   | X  |     |     | (X) |     |     | (X) | X   |     |     | (X) |     |     | Gluten en Ei. Mogelijke sporen van soja, selderij, lupine.        |
| WARME TAPAS VEGA                |     |    |     |     |     |     |     |     |     |     |     |     |     |     |                                                                   |
| 28 Truffle & Parmesan frietjes  |     |    |     |     |     | X   |     |     |     |     |     |     |     |     | Zuivel (Parmezaanse kaas)                                         |
| 29 Minibroodje geitenkaaskroket | X   |    |     |     | (X) | X   |     | (X) | X   |     |     | (X) |     |     | Gluten en Zuivel. Mogelijke sporen van soja, selderij, lupine.    |
| 30 Champignons in bierbeslag    | X   |    |     |     |     |     |     |     |     |     |     |     |     |     | Gluten (bierbeslag)                                               |
| 31 Hartige taart                | X   | X  |     |     |     | X   |     |     |     |     |     |     |     |     | Gluten (deeg); Ei (vulling); Zuivel (provolone)                   |
| 32 Groentenloempia              | X   |    |     |     | (X) |     |     | (X) | X   |     |     | (X) |     |     | Gluten. Mogelijke sporen van soja, selderij, mosterd, lupine.     |
| 33 Gele curry met naanbrood     | X   |    |     |     |     |     |     |     |     |     |     |     |     |     | Gluten (knoflook-naanbrood)                                       |
| 34 Vegetarische dumplings       | X   |    | (X) | (X) | X   |     |     | (X) |     |     |     |     |     |     | Gluten en Soja. Mogelijke sporen van vis, pinda, selderij.        |
| 35 Bao rendang van jackfruit    | X   | X  |     |     |     |     |     |     | X   |     |     |     |     |     | Gluten (bao); Ei/Mosterd (srirachamayo)                           |
| 36 Gnocchi gorgonzola           | X   |    |     |     |     | X   |     |     |     |     |     |     |     |     | Gluten (gnocchi); Zuivel (gorgonzolasaus)                         |

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| DESSERTS                    |     |    |     |     |     |     |     |     |     |     |     |     |     |     |                                                 |
| Mini crème brûlée           |     | X  |     |     |     | X   |     |     |     |     |     |     |     |     | Zuivel en Ei                                    |
| Brownie met vanille-ijs     | X   | X  |     |     |     | X   |     |     |     |     |     |     |     |     | Gluten, Ei en Zuivel                            |
| Lemon cheesecake            | X   | X  |     |     |     | X   |     |     |     |     |     |     |     |     | Gebakken cheesecake: bevat Gluten, Ei en Zuivel |
| Stoofpeer parfait speculaas | X   | X  |     |     |     | X   |     |     |     |     |     |     |     |     | Gluten (speculaas), Ei en Zuivel                |
| Wafel met vanille-ijs       | X   | X  |     |     |     | X   |     |     |     |     |     |     |     |     | Gluten, Ei en Zuivel                            |
| Crêpe gevuld                | X   | X  |     |     |     | X   |     |     |     |     |     |     |     |     | Gluten, Ei en Zuivel                            |
| Wisselend spekkoekje        | X   | X  |     |     |     | X   |     |     |     |     |     |     |     |     | Gluten, Ei en Zuivel                            |